



TSAWWASSEN A's PEEWEE AA - PITCH COUNT SHEET SPRING SEASON

BC Minor Pitching Rules:

* 1 - 35 pitches = no rest

* 36 - 55 pitches = 2 nights rest

* 56 - 75 pitches = 3 nights rest

Date: _____

Field: _____

Home: _____

Away: _____

Pitch counts recorded by: _____

TEAM: _____

PITCHER	GAME PITCHES																														TOTAL
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
	31	32	33	34	35	NO Rest		36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	2 Nights Rest Required			
	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	3 Nights Rest Required										
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
	31	32	33	34	35	NO Rest		36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	2 Nights Rest Required			
	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	3 Nights Rest Required										
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
	31	32	33	34	35	NO Rest		36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	2 Nights Rest Required			
	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	3 Nights Rest Required										
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
	31	32	33	34	35	NO Rest		36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	2 Nights Rest Required			
	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	3 Nights Rest Required										
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
	31	32	33	34	35	NO Rest		36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	2 Nights Rest Required			
	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	3 Nights Rest Required										
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	
	31	32	33	34	35	NO Rest		36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	2 Nights Rest Required			
	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	3 Nights Rest Required										